

SALMON SAVAGES

Salmon Junior-Senior High School

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Extracurricular and Co-Curricular Participation Policy

Extracurricular or co-curricular activities are supplements to the regular instructional programs and afford students opportunities for enrichment. **However, participation in extracurricular and co-curricular activities is a privilege, not a right.** I.C. § 33-512(12). As representatives of their school and District, students participating in such activities are expected to meet high standards of behavior.

Eligibility Requirements for Extracurricular and Co-Curricular Participation

There are three categories that affect student eligibility for extracurricular and co-curricular activities: academic performance, attendance, and compliance with the district's drug free policies.

I. ACADEMIC PERFORMANCE Requirements for Extracurricular and Co-Curricular Activities

It is the goal of Salmon School District to ensure that all students graduate. In keeping with this ideal it is necessary to have eligibility for extracurricular and co-curricular activities follow closely eligibility for graduation. The eligibility period begins and ends with the storing of grades on PowerSchool at the end of each semester for both high school and junior high school students.

A. Previous Semester:

1. Student must have been enrolled full-time—enrolled in and received credit in a minimum of 6 classes. Charter school and home school students must meet eligibility requirements as outlined by the IHSAA Rules and Regulations-Rule 8.
2. Students must have earned a 2.0 GPA and students must have passed all classes (no F's).

B. Current Semester

1. Student must be enrolled full-time—enrolled in and receiving credit in a minimum of 6 classes. Charter school and home school students must meet eligibility requirements as outlined by the IHSAA Rules and Regulations-Rule 8.
2. Student must maintain a 2.0 GPA and be passing all classes (no F's).
 - o a. *Grade Checks:* Students participating in extracurricular and co-curricular activities will be subject to weekly grade checks conducted on the first school day of the week. If a student's GPA fall below a 2.0 or have a failing grade (F), the student will be notified that they are on academic probation. The student has two weeks to reach the 2.0 GPA and passing all classes requirement. If a student's GPA remains below a 2.0 or the student has a failing grade (F) in the same class for three (3) consecutive weeks, then the student becomes ineligible to participate in competition. Once the student has reached a 2.0 GPA and is passing all classes, the student can return to competition. Eligibility is first day of the school week to the next first day of the school week.

C. Student must be on target to graduate based on the district's graduation requirements. If the student does not meet this requirement, a Student Improvement Plan must be on file at the school (IHSAA Rule 8-1).

II. ATTENDANCE Requirements for Extracurricular and Co-Curricular Activities

- A. To be eligible for extracurricular and co-curricular activities—practice or competition, students must be in attendance for all classes that day.
- B. Students must be in attendance the entire day before a scheduled event. Thursday's attendance determines eligibility for Thursday, Friday and Saturday scheduled events.
- C. Excused absences include: School-sponsored activities, bereavement, court appearances (must have note from court clerk), and illness or hospitalization—must have medical note).
- D. Any student who receives an out-of-school suspension will be suspended from extracurricular and co-curricular activities for the duration of the suspension. This includes practice, travel, and competition.
- E. A student may receive one exception per school year to this policy from the Principal/Athletic Director if notified prior to the event. This procedure requires the student/parent to contact office with a written note and must be approved by the principal.

III. OTHER Requirements for Extracurricular and Co-Curricular Activities

- A. Participants in all IHSAA sanctioned extracurricular and co-curricular activities must purchase an activity card and pay a travel fee per activity.
- B. Students participating in extracurricular and co-curricular activities must have all fees/fines paid from the previous school year before they can participate in activities in the current school year.
- C. Participants in extracurricular and co-curricular activities must have medical insurance. Insurance can be obtained at the school. Please see athletic director for details. No student will be allowed to participate without proof of insurance.

Student Travel to and/or from an extracurricular or co-curricular activity

- I. Unless other arrangements are authorized prior to departure, students will board the bus at the school designated as the point of origin for the trip and will return to the point of origin in the bus. There are two approved stops to pick up or discharge students—North Fork along Highway 93 North and the Tendoy store along Highway 28. Students may be released to parents in a face-to-face situation at the close of an activity before the bus begins the return trip. Such release requires a parent signature.
- II. The activity must provide at least one instructor\coach\ or adult sponsor for each bus on a special trip. The bus driver will be responsible for the safe operation of the bus. The sponsor will be responsible for supervision of students and enforcement of bus rules. Any adult designated by the principal as a sponsor will have such authority.

- III. Students are expected to follow all school bus rules. Food and drink not in glass containers will be allowed on the bus with permission of the bus driver. Students, along with coaches/sponsors, will be responsible for cleaning any debris at the conclusion of the trip. Any infraction within the school year of the bus rules will result in the following action:
- A. First Infraction: Student will receive a discipline referral.
 - B. Second Infraction: Student will receive a discipline referral. Student will be declared ineligible for transportation to the next two (2) extracurricular or co-curricular events.
 - C. Third Infraction: Student will be declared ineligible for transportation to extracurricular or co-curricular activities for the remainder of the school year.
- IV. Infractions occurring on Out-of-School Trips: During an out-of-school trip, if the authorized person in charge of the activity determines that a student should be sent home early because of criminal conduct, drug use, or a major infraction, the authorized person will notify the parent/guardian, and ask him/her to take charge of the return of the student. The parent/guardian will assume any expenses incurred for the return of the student.

Extracurricular or Co-curricular activity Suspension

The Board believes that the safety and welfare of other students may be adversely affected when students who are involved in extracurricular or co-curricular activities commit major infractions or repeated minor infractions at school or during school activities, and/or are involved in criminal conduct or drug use in any location.

I. Activity Suspension as a Result of a School Suspension

A student will be immediately suspended from all extracurricular and co-curricular activities when he/she receives a suspension (not including an in-school detention) from school for any reason.

Consequences:

- A. The activity suspension is automatic, is for the duration of the school suspension, and runs concurrent with the school suspension.
- B. This type of activity suspension cannot be appealed.

II. Activity Suspension for Criminal Conduct or Drug Use In Any Location During the Scholastic Year

A student may be suspended from extracurricular and co-curricular activities when the student has been arrested or it reasonably appears to the District that the student has violated criminal law, other than infraction or minor traffic violations; has been involved with alcohol, tobacco, drug paraphernalia, controlled substances or drugs, **in any location, either on or off campus**, during the scholastic year in any of the following ways: attempting to secure or purchase; using or having reasonable suspicion of having used; possession; intending or attempting to sell or distribute; selling or giving away; or being knowingly present when any of the above are used, possessed, or consumed. The following disciplinary actions/consequences will go into effect should a student test positive on a school administered drug test for extracurricular or co-curricular activity eligibility.

A. First Violation

1. Student suspended from competition and travel in extracurricular and co-curricular activities for 14 calendar days
2. Student must participate in a drug evaluation/counseling program
3. Student must submit to weekly drug testing for 6 weeks at the student's own expense
4. If the student refuses to participate in the program described above, the student will be suspended from extracurricular and co-curricular activities for the remainder of the current semester and the next semester.

B. Second Violation

1. Student suspended from competition and travel in extracurricular and co-curricular activities respective activity for 28 calendar days
2. Student must participate in a drug evaluation/counseling program
3. Student must submit to weekly drug testing for 3 months at the student's own expense
4. If the student refuses to participate in the program described above, the student will be suspended from extracurricular and co-curricular activities for the remainder of the current semester and the next 2 semesters.

4. Third and Subsequent Violation

1. Student suspended from competition and travel in extracurricular and co-curricular activities respective activity for 90 calendar days
2. Student must participate in a drug evaluation/counseling program
3. Student must submit to weekly drug testing for 6 months at the student's own expense
4. If the student refuses to participate in the program described above, the student will be suspended from extracurricular and co-curricular activities for the remainder of the current semester and the next 3 semesters.

III. Right to Appeal

- A. The student or parent/guardian may appeal any positive drug test results by requesting in writing that the sample be tested again by the certified laboratory at the expense of the parent/guardian or student.
- B. The student or parent/guardian may submit any documented prescription, explanation, or information that could be considered whether a positive drug test has been satisfactorily explained.

IV. DRUG RELATED OFFENSES ARE CUMULATIVE IN GRADES 9-12.

V. Informal Hearing Process:

Prior to giving any activity suspension to a student, the principal or athletic director shall grant the student an informal hearing on the reasons for the activity suspension and the opportunity to challenge those reasons, unless an emergency activity suspension is necessary. If an emergency activity suspension is necessary, an informal hearing will be held as soon as possible after the emergency ceases to exist.

VI. Appeal Process

- A. This appeal process may be used by students and their parent/guardian only in those instances where an activity suspension or transportation to an extracurricular or co-curricular activities exceeds nine (9) school days.
- B. The parent/guardian must request an appeal in writing to the superintendent within two (2) school days from the notification of the activity suspension decision.
- C. The Superintendent will appoint a three-member panel composed of certificated staff members who have not been involved in the disciplinary action in question. The hearing panel will notify the student and the parent/guardian of the date, location, and time of the hearing; the student will have an opportunity to present additional evidence regarding the circumstances of the suspension or reasons to reduce the length thereof. The appeal must be scheduled within five (5) school days of the request.
- D. If the panel determines that the evidence reviewed at the appeal supports the suspension, the suspension of the student from extracurricular and/or co-curricular activities shall be continued.
- E. The student and the parent/guardian will be notified in writing of the panel's findings and determination with respect to the student suspension from extracurricular and/or co-curricular activities within two (2) school days of the panel's decision.
- F. The panel's determination is final, and is not appealable to the Superintendent or Board of Trustees.

General Definitions for Extracurricular and Co-Curricular Participation Policy

Unless the context otherwise requires, in this policy:

"Extracurricular Activities" means district and/or school authorized activities which take place outside of the regular school day and do not involve class credit, including, but not limited to athletics, student groups or organizations, and community activities for which high school letters are awarded.

"Co-Curricular Activities" are district and/or school authorized activities held in conjunction with a class, but taking place outside of the regular school day including, but not limited to, debate, drama, drill team, band or choir.

"Activity Suspension or Suspension from Extracurricular or Co-Curricular Activities" means that suspended students shall not travel, dress in uniform, associate or participate with the team or group at its scheduled event(s).

"Controlled Substances" include, but are not limited to opiates, opium derivatives, hallucinogenic substances, including cocaine, and cannabis and synthetic equivalents or the substances contained in the plant, any material, compound mixture or preparation with substances having a depressant effect on the central nervous system, and stimulants.

"Drugs" include any alcohol or malt beverage, any inhalant, any tobacco product, any controlled substances, any illegal substance, any abused substance, any look-alike or counterfeit drug, any medication not approved and registered by the school authorities and/or any substance which is intended to alter mood, and/or any substance which is misrepresented and sold or distributed as a restricted or illegal drug.

"Drug Paraphernalia" is defined as any or all equipment, products and materials of any kind which are used, intended for use, or designed for use, in planting, propagating, cultivating, growing, harvesting, manufacturing, compounding, converting, producing, processing, preparing, testing, analyzing, packaging, repackaging, storing, containing, concealing, injecting, ingesting, inhaling, or otherwise introducing into the human body a controlled substance/drugs as defined in this policy.

"Emergency Activity Suspension" is defined as imposition of an activity suspension by a Principal or his designee prior to an informal hearing when it is necessary to protect the health and safety of the individual(s) involved and immediate action is appropriate.

"Event" is defined as any school sanctioned extra-curricular activity, which includes, but is not limited to a match, game, meet, or other competitive event, including regional and/or state tournaments, competitions, band or choir performances.

"Minor Infraction" shall mean a minor deviation from acceptable behavior or stated student expectations which occurs while the student is engaged in the extracurricular or co-curricular activity and which is not material or substantial. Students will be given notification of the first minor infraction. Students and parents will be given notification of the second minor infraction through a conference and will be informed that a third minor infraction may result in activity suspension.

"Major Infraction" shall mean a material or substantial deviation for acceptable behavior or stated student expectations which occurs while the student is engaged in the extracurricular or co-curricular activity, including but not limited to insubordination toward or non-compliance with the person in charge of the activity, verbal or physical abuse (hazing, fighting), refusal of a student to identify him/herself to school personnel upon request.

"On any school premises or at any school sponsored activity, regardless of location" includes, but not be limited to buildings, facilities, and grounds on the school campus, school buses, school parking areas; and the location of any school sponsored activity. "On any school premises or at any school sponsored activity, regardless of location" also includes instances in which the conduct occurs off the school premises but impacts a school related activity.

"Scholastic Year" is defined as the period of time beginning with the first day of the fall extracurricular and co-curricular activities season and ending with the last day of school.

"School Days" include only those days when school is in session.

THE FUNDAMENTALS OF SPORTSMANSHIP

1. Gain an understanding and appreciation for the rules.

Know the rules. The spirit of good sportsmanship depends on conformance to a rule's intent as well as to the letter of the rule.

2. Exercise representative behavior.

The true value of interscholastic competition relies upon everyone exhibiting behavior that is representative of a sound value base. Your behavior influences others whether you are aware of it or not.

3. Recognize and appreciate skilled performances, regardless of affiliation.

Applause for an opponent's good performance displays generosity and is a courtesy that should regularly be practiced. This not only represents good sportsmanship but also reflects a true awareness of the game by recognizing and acknowledging quality.

4. Display respect for officials.

The officials of any contest are impartial arbitrators who are trained and who perform to the best of their ability. The rule of good sportsmanship is to accept and abide by the decision made. This value is critical for students to learn for later application in life.

5. Display respect for your opponent.

Opponents are guests and should be treated cordially, provided with the best accommodations and accorded respect at all times. Be a positive representative of your school, team or family. This fundamental is the Golden Rule in action.

6. Display pride in your actions.

Never allow your ego to interfere with good judgment or your responsibility as a school representative. Regardless of whether you are an adult, student, player, coach, or official, this value is paramount since it suggests that you care about yourself and how others perceive you.

SPORTSMANSHIP

RESPECT - INTEGRITY - ETHICS

Let the players play,
Let the coaches coach,
Let the officials officiate, and
Let the fans cheer
encouragement...

PLAYERS

Responsibilities

1. Accept and take seriously your responsibility as a player and role model and also recognize your privilege of representing your school and community. Practice good sportsmanship at all times - on or off the playing field or court.
2. Cooperate with your coaches and follow school and team rules of conduct as outlined in your student and athletic handbooks.

Preventative Measures

BEFORE

1. Shake hands with opponents and express your best wishes for success.
2. Exhibit a positive and enthusiastic attitude about the contest.

DURING

1. Assist players who are down in getting to their feet.
2. Shake hands after an aggressive exchange.
3. Never gesture to officials, players, coaches or fans in a negative manner.
4. Never disagree openly with an official or coach's decision. Carry on ethically and maturely.
5. Shake the opponent's hand if he/she fouls out, or extend congratulations when he/she is leaving the contest.

AFTER

1. Extend a congratulatory handshake to your opponent immediately at the game's conclusion.
2. Never debate something that occurred during the game with anyone, as it is in the past.
3. Be objective when communicating to the media about the contest.
4. Show concern for injured opponents and teammates.
5. Promote sportsmanship and your athletic experience positively whenever and wherever the opportunity arises.

PARENTS

The role of the parent in the education of a student is vital. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school and in life.

There is a value system – established in the home, nurtured in the school – which young people are developing. Their involvement in the classroom and other activities contributes to that development. Trustworthiness, citizenship, caring, fairness and respect are lifetime values taught through athletics and activities. These are the principles of good sportsmanship and character. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

As a parent of a student-athlete(s), your goals should include:

- Realize that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game;
- Encourage students to perform their best, just as we would urge them on with their classwork;
- Participate in positive cheers that encourage our student-athletes; and discourage any cheers that would redirect that focus – including those that taunt and intimidate opponents, their fans and officials;
- Learn, understand, and respect the rules of the game, the officials who administer them and their decisions;
- Respect the tasks our coaches face as teachers and support them as they strive to educate our youth;
- Respect our opponents as student-athletes, and acknowledge them for striving to do their best;
- Develop a sense of dignity and civility under all circumstances.

Parents can have a major influence on students' attitudes about academics and athletics. The leadership role parents take will help influence your child, and our community, for years to come.

We look forward to a strong and supportive partnership that encourages fair play and sportsmanship at all times.

August 1, 2019

Dear Student-Athlete:

On behalf of Salmon Junior-Senior High School's Athletic Department, I would like to congratulate you on choosing to participate in SJSHS athletics. I'm sure you already know that athletic competition builds character and shapes lifetime attitudes. Our school Sportsmanship Program reinforces and promotes the principles of good sportsmanship, which are integrity, fairness, and respect.

As an athlete at Salmon Junior-Senior High School, your sportsmanship goals should include:

- Developing a sense of dignity under all circumstances;
- Respecting the rules of the game the officials who administer the rules, and their decisions;
- Respecting opponents as fellow students; and acknowledging them from striving to do their best while you seek your best at the same time;
- Refraining from engaging in all types of disrespect behavior, specifically taunting, trash talk and other forms of intimidation
- Looking at athletic participation as a potentially beneficial learning experience, whether you win or lose;
- Educating other students and fans to understand the rules of the game, and the value of sportsmanship.

You are the spokesperson for our school when you represent us in athletic competition. Your actions are viewed by family and friends, opposing fans, the local community and media. Your display of good sportsmanship will show the most positive things about you and our school.

We hope the upcoming season is a rewarding one for you.

Jeremy Burgess
SJSHS Athletic Director

August 1, 2019

Dear Parent/Guardian:

On behalf of Salmon Junior-Senior High School's Athletic Department, I would like to congratulate you on your child's decision to participate in SJSHS athletics.

I'm sure you already know that athletic competition builds character and shapes lifetime attitudes. Our school's sportsmanship program promotes and reinforces the principles of good sportsmanship, which are integrity, ethical behavior, fairness, and respect.

A good sport, whether a student or a parent, is a true leader in the community. As a parent of a student at our school, your sportsmanship goals should include:

- Realizing that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of a game.
- Encouraging our students to perform their best, just as we would urge them on with their class work, knowing that others will always turn in better or lesser performances.
- Participating in positive cheers that encouraging our youngsters, and discouraging any cheers that would redirect that focus including those that taunt and intimidate opponents, their fans and officials.
- Learning, understanding and respecting the rules of the game, the officials who administer them and their decisions;
- Respecting the task our coaches face as teachers, and supporting them as they strive to educate our youth.
- Respecting our opponents as student athletes, and acknowledging them for striving to do their best.

Develop a sense of dignity under all circumstances. **Be a fan....not a fanatic!** The leadership role you take in sportsmanship will help influence your child, and our community, for years to come.

Thank you for your continued support.

Jeremy Burgess

SJSHS Athletic Director

CONCUSSION INFORMATION

<https://idhsaa.org/concussion>

Idaho Concussion Management Implementation Guide

Idaho Concussion Law & Overview

<https://idhsaa.org/asset/document/72-72-Law%20and%20Overview.pdf>

Concussion Recognition

<https://idhsaa.org/asset/document/72-Concussion%20Recognition.pdf>

Safe Return to Play Policy

<https://idhsaa.org/asset/document/72-Safe%20Return%20To%20Play.pdf>

Academic Management

<https://idhsaa.org/asset/document/72-Academic%20Management.pdf>

Creating Concussion Policy

<https://idhsaa.org/asset/document/72-Creating%20Concussion%20Policy.pdf>

Concussion Resources and CDC Information

Concussion Acknowledgement Form

<https://idhsaa.org/asset/document/72-Concussion%20Acknowledgement%20Form.pdf>

High School Athlete Fact Sheet

https://idhsaa.org/asset/document/72-athletes_fact_sheet-a.pdf

Middle School Athlete Fact Sheet

https://idhsaa.org/asset/document/72-middleschool_athletes_fact_sheet-a.pdf

Heads Up Concussion for Coaches

https://idhsaa.org/asset/document/72-headsupconcussion_fact_sheet_coaches.pdf

Heads Up Concussion for Schools

https://idhsaa.org/asset/document/72-headsupconcussion_fact_sheet_for_schools.pdf

Heads Up Concussion for Parents

https://idhsaa.org/asset/document/72-headsupconcussion_parent_athlete_info.pdf