

SALMON HIGH SCHOOL

401 South Warpath
Chris Born
Superintendent

Salmon, Idaho 83467

Phone (208) 756-2415

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Frank Garrett
Boys Head Coach
Throws/Jumps/Relays

Sean McKinney
Girls Head Coach
Hurdles/Jumps/Relays

Doug Owen
Principal

Jeremy Burgess
Assistant Coach
Sprints/Jumps/Relays

Jeremy Burgess
Athletic Director

Eric Tarkalson
Assistant Coach
Pole Vault/Sprints/Relays

Nick Thomas
Assistant Coach
Distance/Sprints/Relays

2019 TRACK & FIELD SCHEDULE

| <u>Day</u> | <u>Date</u> | <u>Location</u> | <u>Meet</u> | <u>Time</u> | <u>Bus</u> |
|--------------------|------------------|-----------------|-----------------------------------|--|------------------------|
| Monday | Feb. 25 | Salmon | First Practice | 4:15 pm | |
| Thursday | March 14 | Firth | Firth Icebreaker | 2:30 pm | 9:45 am |
| Wednesday | March 20 | Salmon | Salmon Icebreaker | 2:00 pm | |
| M-F | March 25-29 | Salmon | SPRING BREAK | | |
| Thursday | April 4 | West Jefferson | WJ Invite | 3:30 pm | 12:15 pm |
| Tuesday | April 9 | @ Corvallis | Darby/Florence Invite | 9:30 am | 6:30 am |
| Friday | April 12 | @ Challis | Dow Dean Mountain Madness Meet | 1:00 pm | 10:45 am |
| Thursday | April 18 | Salmon | Salmon Invitational | 1:00 pm (Field) 2:00 pm (Track) | |
| Tuesday | April 23 | @ Arco | Fred Simpson Invitational | 12:00 pm | 8:15 am |
| Friday | April 26 | | | 3:00 pm | |
| Saturday | April 27 | @ Idaho Falls | Tiger-Grizz | 10:00 am (Field) 12:00 pm (Track) | Individual (No Bus) |
| Thursday | May 2 | @ Ririe | Ririe | 3:30 pm | 10:45 am |
| Tuesday | May 7 | @ Ririe | | 12:00 pm | 7:30 am |
| Thursday | May 9 | @ Ririe | District Meet | 1:00 pm | 8:30 am |
| Friday Saturday | May 17 May 18 | @ Middleton | State Meet @ Middleton HS | Varies With Event | 8:00 am (Thursday) |

NOTE: All meets are subject to change due to climatic conditions.

8 meets

03/11/2019